

Private Mental Health Consumer Carer
Network (Australia) Ltd

Annual Report

2018-2019



www.pmhccn.com.au

ABN 44 613 210 889



Private Mental Health Consumer
Carer Network (Australia) Limited

engage, empower, enable choice in private mental health

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Our Mission

Engage, empower, enable choice in private mental health.

Our Vision

The vision of the Network is to promote effective consumer and carer advocacy as the driving force behind all changes in mental health services delivered in private sector settings.

Our History

The Network was established in 2002 to promote the interests of members of the community who receive treatment and care from mental health services, and their families and carers with a focus on the private sector.

Since its inception, the Network has become an integral part of key policy and decision-making processes affecting many Australians and provides a strong representative voice for private sector mental health consumers and their families and carers. The Network facilitates the sharing of the lived experience of mental health problems, addresses common issues, and encourages people to seek help. The Network is recognised within Australia as the peak organisation representing, and comprising of, both mental health consumers and carers.

Our People

Patrons

Professor Allan Fels AO and Mr John McGrath AM

Executive Directors

Chair, Executive Director, Ms Janne McMahon OAM

Deputy Chair, Treasurer, Professor Sharon Lawn, Director for South Australia

Secretary, Mr Norm Wotherspoon, Director for Queensland

Mr Darren Jiggins, Tasmania

Directors

Ms Judy Bentley, Australian Capital Territory

Ms Simone Allan, New South Wales

Mr Evan Bichara, Multi-cultural Officer

Mr Phillip Plummer, Independent

Clinical Advisor

Dr Bill Pring, Psychiatrist

Staff

Ms Christine Kaine, Manager, Administration, Communication and Projects



Board Attendance 2018-19

The table below outlines Board Attendance at the two meetings conducted this financial year.

REPRESENTATIVES		5th Board meeting	6th Board meeting
		26/27 August 2018	6/7 May 2019
		Adelaide	Adelaide
Chair	Ms Janne McMahon	✓	✓
Deputy Chair and WA to April 2019	Mr Patrick Hardwick	✓	Resigned
Deputy Chair and SA from April 2019	Prof. Sharon Lawn	✓	✓
Multicultural Adviser	Mr Evan Bichara	Apology	✓
Membership Officer and QLD	Mr Norman Wother-spoon	✓	✓
NSW	Ms Simone Allen	✓	Apology
ACT	Ms Judy Bentley	✓	✓
VIC	Ms Helene Langley	✓	✓
SA	Prof. Sharon Lawn	Apology	✓
TAS	Mr Darren Jiggins	✓	✓
Independent	Mr Philip Plummer	✓	Apology day one
Observer	Dr Bill Pring	✓	✓
Invited Guest	Mr Frank Quinlan MHA	N/A	✓ Day two
Manager - Admin, Comms & Projects	Ms Christine Kaine	✓	✓

Our Objectives and Activities

1

Continue and excel as the peak consumer and carer organisation for systemic advocacy

The Network has continued to develop our profile and increase our recognition at the national, state and local levels. We have continued to provide a strong voice for consumers, their carers and the Australian community who receive their treatment and care from mental health settings which include GPs, psychiatrists, psychologists, mental health nurses, allied health practitioners, private psychiatric hospitals, and health insurers. We will continue to work collaboratively and in partnership with our peer organisations across the mental health system more broadly.

2

Continue advocacy to improve the lives of mental health consumers and carers

The Network continues to work with Government and stakeholders of mental health to ensure that factors which impact on the lives of mental health consumers and their carers, are raised nationally.

3

Continue to advocate for the needs of mental health consumers and carers

The Network continues to be dedicated to advocating for changes in mental health to better address the needs of consumers and carers. The Network will continue to work with Government, health insurers, providers, clinical colleges, clinically focused organisations and research organisations in identifying needs, highlighting gaps and supporting innovation in practice, to address the continuing needs of consumers and carers.

4

Facilitate, expand capacity and ensure sustainability

We continue to strengthen and support our state based forums by expanding the membership to incorporate more consumers and carers accessing mental health services and those who receive treatment from office based practice and the private sector. We will increase our Network Friends' involvement and look to ensure financial viability in the long term.



Our Objectives and Activities Continued

5

Organisational partnerships and engagement

The Network will continue our strong working relationships with key providers in mental health. These are the Australian Private Hospitals Association, the Australian Medical Association, the Royal Australian and New Zealand College of Psychiatrists, the Australian Psychological Society and the Australian College of Mental Health Nurses. The Network will seek to enhance a greater partnership with these organisations and with health insurers and Governments, both federal and state. The continuing partnerships add strength to the work undertaken by the Network.

We have effective working relationships with Mind, Helping Minds WA, Mental Health Carers Australia, Mental Health Australia and the National Mental Health Consumer and Carer Forum. The Network will continue our association with key advocacy groups in mental health, and look to engage new partners in the community managed organisation sector.

6

Build capacity to undertake new directions

The Network has developed training and education modules for consumers and carers who undertake representational roles within the broader mental health services. We will continue to market these training resources. These are free and can be accessed at <http://pmhccn.com.au/Resources/TrainingResources.aspx>

We will continue to offer our Annual 'Best Practice in Consumer and Carer Inclusion' Award to psychiatry trainees through the RANZCP.

We will continue to focus activities on a number of issues which impact consumers and carers. These are the peer workforce, expansion of the resources needed to embed the Practical Guide for Working with Carers of People with a Mental Illness, etc

About Us

The Network promotes effective consumer and carer participation as the driving force for change in mental health services and those from office-based practice.

The activities of the Network are largely facilitated through its Chair and Executive, the Network's Board members and its Advisory Forums for Queensland, New South Wales, Victoria, South Australia, Western Australia, Tasmania, and the Australian Capital Territory.

As a peak organisation, the Network strives to provide systemic advocacy for mental health consumers and their carers.

Since 2004, the Network has appeared by invitation before ten Parliamentary Inquiries, has made fifty-four formal Submissions and have been invited to actively contribute and participate in many forums.

We have achieved significant outcomes through a number of critical projects this year, addressing gaps and needs which we have identified.

Our Objectives

The objectives of the Network (as stated in the Constitution) are:

- to facilitate, support and promote services which provide equity and support better access to clinical services for mental health consumers and carers;
- to support and promote services which provide high quality, accessible, timely, responsive and appropriate treatment for people with mental illness and support adequately trained health workforce within an environment of hope and optimism;
- to support and promote services which provide a positive culture for those with mental illness, and to advocate for accessible and appropriate services provided by highly skilled professionals offering choice;
- to improve the well-being of people impacted by mental illness: consumers, families and carers;
- to empower consumers and carers to utilize all means to achieve and maintain their mental health;
- to promote the expansion of consumer and carer participation and influence within the community;
- to disseminate information and utilise other strategies aimed at enhancing recognition of rights and overcoming discrimination;
- to provide a means of maximising participation in mental health policy, planning and decision making;
- to provide a range of fora for developing and representing unique consumer and or carer perspectives on mental health policy, planning and decision making; and
- to do all such other acts and things as are incidental and conducive to the furtherance of the above objects



Our Organisational Structure

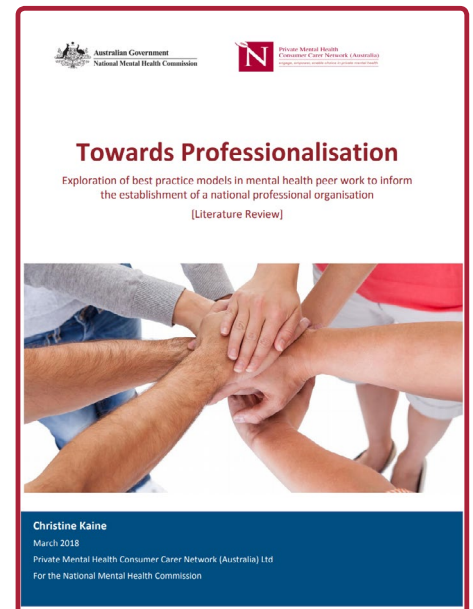
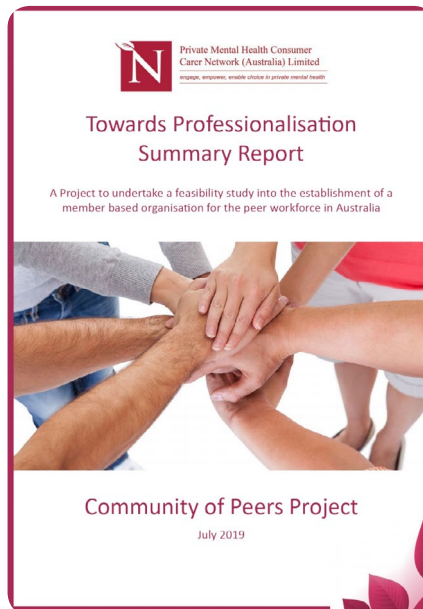
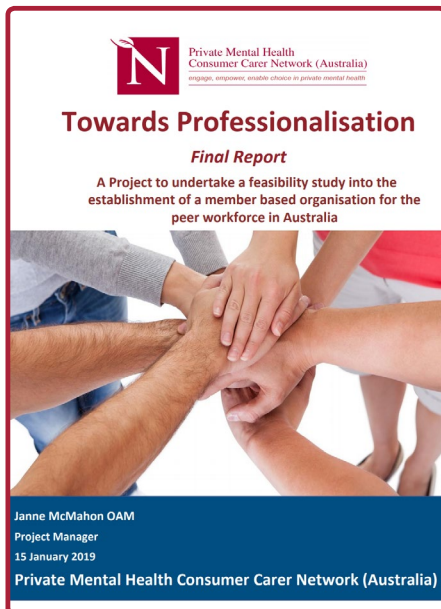


Our Projects

The Network has undertaken four key projects during this financial year.

Project to explore feasibility of establishing a member based national organisation for peer workers

The Network obtained funding from the National Mental Health Commission to undertake a Project looking at the feasibility of establishing a member based national organisation for peer workers. This project concluded on the 19th January 2019. Key resources developed in this project include a Literature Review, Final Report and an Abridged Version of the Final Report which are all available from our website www.pmhccn.com.au/PeerProject.aspx



BPD South Australia Website

www.bpdsa.com.au

This Borderline Personality Disorder Support Services in South Australia website was originally developed by the Network with funding from the Office of the Chief Psychiatrist's South Australian Suicide Prevention Community Grants Scheme 2016 and Life Without Barriers. Since late 2018, The Network has continued to update and refresh as needed. The website is designed to provide a central point for information for consumers, carers, family members and health providers about Borderline Personality Disorder and the support services including referral requirements, available in South Australia.

We have received a number of enquiries over the last 12 months and the newly established BPD Co refers people to our website www.bpdsa.com.au.

Our Projects Continued

Carer Guide Projects

We continue to advocate for the implementation of the Practical Guide for Working with Carers of People with a Mental Illness. This Guide has the capacity to influence practice once implemented for greater engagement and inclusion of carers. <http://pmhccn.com.au/Resources/Practicalguideforworkingwithcarersofpeoplewithamentalillness.aspx>

Implementation Project

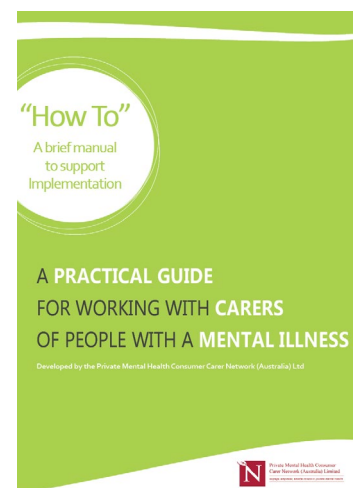
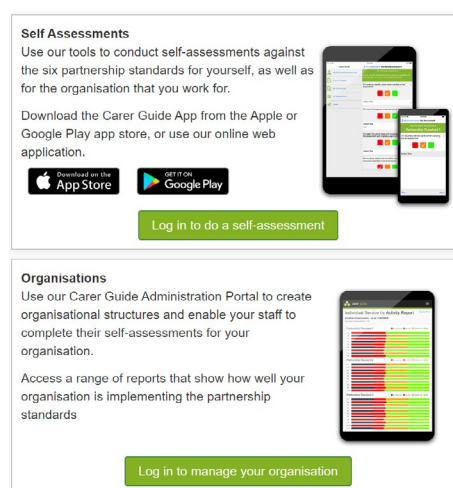
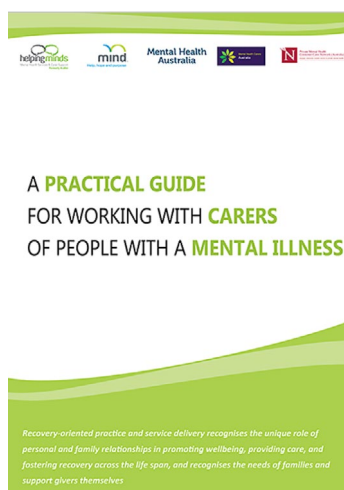
The Network received funding from Mind and HelpingMinds to undertake a 6-month project, supporting the implementation of the Practical Guide for Working with Carers of People with a Mental Illness. This will be completed at the end of October 2019. A number of resources will be made available as a result of this project including a report reviewing demonstration projects undertaken across Australia and a 'How To' manual to support implementation capturing the key learnings from the demonstration projects.

Online Library www.workingwithfamiliesandcarers.com.au

With funding from Mind Australia and HelpingMinds, the Network has continued to maintain the Carer Guide Online Library. The website aims to support mental health professionals to engage and work with families and carers in a partnership approach which will enhance outcomes for consumers. The collection offers resources directly connected to the implementation of the Practical Guide for Working with Carers of People with a Mental Illness. Funding ends on 30 September 2019 and we are seeking funding opportunities in addition to our own investment to continue the website over the next 3 years. Access to this site is particularly critical given the focus of the Australian Government to increasing carer engagement and support.

App and Website www.carerguide.com.au

The Network continues to administer the Carer Guide App offering self-assessment and organisational reporting against each of the partnership standards in the Carer Guide. The App is available from Apple and GooglePlay stores in addition to a web based option for use on PCs and surface pros.



Our Research

In 2011 and 2017, the Network, in an Australian and International first activity, undertook two national surveys, one for consumers about their experiences of care with the diagnosis of Borderline Personality Disorder (BPD) and the second for carers, caring for someone with the diagnosis of BPD. The data was analysed and appears in the following Reports:

Foundations for Change, PART 1 CONSUMERS, Experiences of Consumers with a diagnosis of BPD

http://pmhccn.com.au/Portals/2/PublicDocuments/NetworkProjects/BPD_PART%201_Consumer%20Report%202017.pdf

Foundations for Change, PART 2 CARERS, Experiences of carers supporting someone with a diagnosis of BPD

http://pmhccn.com.au/Portals/2/PublicDocuments/NetworkProjects/BPD_PART%201_Consumer%20Report%202017.pdf

A number of published papers have been produced from this data :

1. Lawn, S., McMahon, J. (2015) Experiences of care by Australians with a diagnosis of Borderline Personality Disorder. Journal of Psychiatric and Mental Health Nursing, 22(7), 510-521. <http://onlinelibrary.wiley.com/doi/10.1111/jpm.12226/pdf>
2. Lawn, S., McMahon, J. (2015) Experiences of family carers of people diagnosed with Borderline Personality Disorder. Journal of Psychiatric and Mental Health Nursing, 22(4), 234–243. <http://onlinelibrary.wiley.com/doi/10.1111/jpm.12193/pdf>
3. Ring, D., Lawn, S. (2019) Stigma perpetuation at the interface of mental health care: a review to compare patient and clinician perspectives of stigma and Borderline Personality Disorder. Journal of Mental Health. <https://doi.org/10.1080/09638237.2019.1581337>
4. Wlodarczyk, J., Lawn, S. (2016) The developmental trajectory of Borderline Personality Disorder and peer victimisation: Australian family carers' perspectives. Emotional and Behavioural Difficulties, 1-13. Published online: 12 October 2016. <https://doi.org/10.1080/13632752.2016.1243360>.
5. Wlodarczyk, J., Lawn, S., Powell, K., Crawford, G.B., McMahon, J.(OAM), Burke, J., Woodforde, L., Kent, M.(OAM), Howell, C., Litt, L. (2018) Exploring general practitioners' views and experiences of providing care to people with Borderline Personality Disorder in primary care: a qualitative study in Australia. International Journal of Environmental Research and Public Health. 15(12), 2763-2781. <https://doi.org/10.3390/ijerph15122763>

Conference presentations:

1. Wlodarczyk, J., Lawn, S. General Practitioners' experiences in trying to provide authentic care and support to people with a diagnosis of Borderline Personality Disorder. TheMHS Learning Network, Auckland, New Zealand, 24 August, 2016.
2. Proctor, J., Lawn, S. Consumer perspective on BPD management – how are the NHMRC BPD guidelines faring in practice? ANZCP Congress, Cairns, May 14th 2019.
3. Ring, D., Lawn, S. Investigating the stigma cycle at the interface of mental healthcare for people with Borderline Personality Disorder. TheMHS, Adelaide, 29 Aug, 2018.

And other publications:

Lawn, S., McMahon, J. (2014) The importance of relationship in understanding the experiences of spouse mental health carers. Qualitative Health Research 24 (2), 254-266. doi: 10.1177/1049732313520078



Our Highlights

There have been three important highlights this last year:

Launch of the Carer Guide App

The official launch of the Carer Guide App which supports the implementation, self-assessment and reporting of the Practical Guide for Working with Carers of People with a mental illness. Dr Peggy Brown AO officially launched the App at the TheMHS Conference in Adelaide in August 2018.



*Dr Peggy Brown, AO officially
Launching the Carer Guide App*



*L-R Janne McMahon, Dr Peggy Brown,
Christine Kaine, Manager, Administration,
Communications and Projects*

Australian Mental Health Prize

We are also thrilled to advise that Janne McMahon OAM (Chair and Executive Director) was a dual winner of the Australian Mental Health Prize 2018. We congratulate Janne on all the work she has undertaken on behalf of consumers and carers over many years.



*Ms Janne McMahon, OAM
(Chair & Executive Director)*

Our Highlights Continued

Annual PMHCCN Award: Best Practice in Consumer and Carer Inclusion

The Network developed 5 online learning modules targeting practitioners:

- Module 1 Consumer and Carer Involvement,
- Module 2 Continuity of Care,
- Module 3 Communication,
- Module 4 Cooperation (Roles & Responsibilities),
- Module 5 Collaboration

We approached The Royal Australian and New Zealand College of Psychiatrists for the Network to provide an annual award to trainees who completed the 5 modules and submitted a reflective piece around how the learnings from the modules changed their practice in engaging consumers and carers. A cash prize and a framed Certificate is made available to the winner each year for the next five years.

We received remarkable submissions from the 18 applicants who all demonstrated how the modules had an impact on their thinking in regard to more inclusive practices.

Our Award was presented as part of the RANZCP's Awards Ceremony at their Annual Congress in Cairns in May 2019.

We are thrilled to advise the inaugural winner of our annual award was Dr Katherine Moss.



Dr. Katherine Moss



Here is what Katherine had to say about changes to her practice.

"The modules have encouraged me to see the consumer as an individual person – with hopes, aspirations and plans for their life – above and beyond a diagnosis or illness. In addition, the modules have highlighted to me the importance of working alongside the consumer and their carers towards recovery. In the future, improved communication and collaboration with the consumer, carer and health practitioners will help me to understand what the consumer was like before they became unwell, what the consumer wants their future to be like and what recovery looks like from the consumers perspective. By looking past the illness, I hope to be able to see more clearly who the individual is, and assist in their journey of recovery."

Our Voice

The activities of the Network are driven by the Chair/Executive Director, the Board and our staff. The Chair/Executive Director is supported and assisted by the Deputy Chair, the Network Executive, the Directors and the Manager, Administration, Communications and Projects. In recruitment of members to the Board consideration has wherever possible been given to a balance between consumer and carer representation. We also have one additional independent Director.

Many of the Network's Directors facilitate Advisory Forums in their jurisdictions to provide the Network with consumer and carer perspectives on issues of national significance from a grass roots perspective and experience. The Forums also provide an opportunity for Directors to provide feedback on current Network activities. State Advisory Forums are intended to support systemic rather than individual advocacy. The Forums objectives are as follows.

1. Identify issues of potential national significance for consumers and carers in the various private sector settings.
2. Provide feedback as requested to State Directors on current Network activities and priorities.
3. Foster links with established consumer and carer groups in private hospitals.
4. Promote the interest and involvement of the State Advisory Forum.

At each face-to-face meeting of the Network Board, Directors report on their meetings and discuss any issues arising from those meetings.

State Advisory Forums held this year included:

QLD

Coordinator: Norm Wotherspoon

nwotherspoon@pmhccn.com.au

9 October 2018 Belmont Private Hospital
4 April 2019 Greenslopes Private Hospital

ACT

Coordinator: Judy Bentley

jbentley@pmhccn.com.au

7 December 2018 ACT Mental Health Consumer Network's Griffin Centre
15 April 2019 ACT Mental Health Consumer Network's Griffin Centre

NSW

Coordinator: Simone Allan

sallan@pmhccn.com.au

14 March 2018 Northside Clinic, St Leonards
May 2019 Meeting Cancelled

SA

Coordinator: Sharon Lawn

slawn@pmhccn.com.au

27 September 2018 The Adelaide Clinic
4 April 2019 The Adelaide Clinic

TAS

Coordinator: Darren Jiggins

djiggins@pmhccn.com.au

30 October 2018 The Old Woolstore

VIC

Coordinator: Helene Langley

hlangley@pmhccn.com.au

28 November 2018 South East Private Hospital
11 June 2019 Beleura Private Hospital

Our Advocacy

National Mental Health Reform

The Network has been instrumental in providing the Minister for Health, Hon Greg Hunt MP with a direct lived experience perspective of health insurance reform and the review of Medicare Benefits Schedule.

We have represented consumers and carers on the Improved Models of Care Working Group and it's Mental Health Sub Group to ensure the Australian Government hears directly the effects of health insurers policies and private psychiatric hospitals access on people affected by mental illness under the psychiatry banner. This has been instrumental in guiding the outcomes of the review.

We have also had direct input into two MBS Review Committees:

1. Psychiatry Committee
2. Primary Care Reference Group

We have ensured the perspectives of people with mental illness and their families as well their needs and issues have been brought to the Minister's attention.

We are very pleased with the outcomes and recommendations from the Reports of both committees.

Representation on key advisory groups and committees

During the last twelve months, the Network has been approached by Government and other entities to fill a number of representational opportunities for consumers and carers. During 2019, the Network established a 'Preferred Representational Panel' comprising skilled and experienced advocates so that we had a pool of people that we could refer opportunities to.

Here is the list of representations the Network was invited to provide consumers and/or carers.

Commonwealth Government:

1. Improved Models of Care Working Group
2. Improved Models of Care Working Group – Mental Health Subgroup
3. MBS Review Psychiatry Committee
4. MBS Review Mental Health Primary Care Committee
5. 5th National Mental Health and Suicide Prevention Plan
6. Veterans' Advocacy and Support Services Scoping Study
7. ACSQHC certification framework for digital mental health services
8. ACSQHC Scoping Study: Resources for recognising and responding to deterioration in a person's mental state
9. Peer Workforce Development Guidelines Leaders, Roundtable
10. Primary Mental Health Care Data Reference Group
11. Primary Mental Health Care Minimum Data Set Consent Workshop
12. Primary Mental Health Care Data Reference Group
13. Perinatal Mental Health Environmental Scan project committee
14. 2018 and 2019 Federal Budget Lock up



Our Advocacy Continued

National Mental Health Commission

15. Advisory Committee, Deliver 5th Plan Action 21.3 – develop guide for consumers and carers on participation
16. Safety and Quality Engagement Advisory Committee (SQEG)
17. Peer Workforce Development Guidelines Steering Committee

Other Governments

18. Victorian Royal Commission Round Table

Other organisations

19. Central Queensland University, Post-Graduate Mental Health Nursing program.
20. Mental Health Australia, Consumer Director
21. RANZCP Alcohol Harm and Mental Health Working Group
22. RANZCP Congress symposium, Alcohol Harm and Mental Health Working Group
23. Mental Health Carers Australia - NDIS Carer Expert Reference Group
24. APHA Psychiatry Committee
25. APHA data collection and reporting (PPHDRAS)
26. Australian Medical Association, Victorian Branch

The representatives report to the Board following each meeting on a Template which is circulated for information sharing purposes to ensure everyone has an indication of the scope and purpose of the meetings, the outcomes achieved and opportunities for extended advocacy.

Our Meetings

The following formal meetings have been initiated by the Network.

- Mental Health Professionals Network
- Australian BPD Foundation, President
- Australian College of Mental Health Nurses
- Australian Psychological Society
- Private Hospitals Association
- Royal Australian and New Zealand College of Psychiatrists
- beyondblue
- Dr Aaron Groves, Chief Psychiatrist, Tasmania

Our Contribution to Inquiries

The Network made the following submission in this financial year:

- Productivity Commission: Inquiry into Mental Health 27 March 2019 Number 49

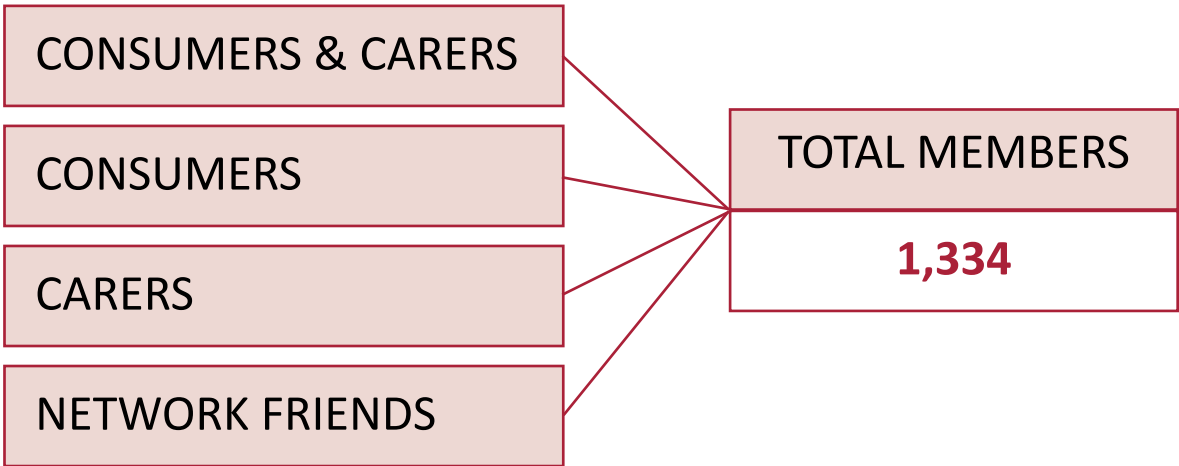
Two additional Supplementary Submissions No. 547 regarding consumer and carer engagement and inclusion

And No 550 addressing the need for implementation of the Practical Guide for Working with Carers of People with a Mental Illness.

The Network was engaged in a number of discussions with the Productivity Commission in regard to these particular issues as we were seen as a legitimate contributor in these areas.

Our Members

Our membership pool of Network ‘friends’ (this includes consumers, carers, organisations and friends of the Network) has grown substantially over the past 12 months, with 1,334 current members.



Report from the Chair & Executive Director



Ms Janne McMahon, OAM

This has been a very productive year where our activities have expanded considerably.

The Network has achieved a great deal in a relatively short time and the last financial year has been instrumental in these achievements, with modest financial resources. In order for the Network to remain as the peak representative national consumer and carer advocacy organisation we required the core organisational members and activities to have security about ongoing funding. We have successfully obtained continued financial support from those organisations mentioned on the page (Our Finances), and we thank them for their support and belief in our work. This enables the Network to commit to longer term goals as well as projects and activities spanning the funding cycle.

It is very pleasing to see large number of representational opportunities sought from the Network from Government, the National Mental Health Commission and other key organisations, twenty-six (26) in all. This demonstrates that the Network has rightly earned a strong reputation of providing skilled and knowledgeable consumer and carer representatives to fill these positions.

We have established a Preferred Representative Panel and are in the process of expanding this initiative which provides a pool of experienced representatives. We provide capacity building and mentoring as needed and all representatives provide a brief report after meetings, outlining key points, significance to consumers and carers, their contribution to the meetings and strategic opportunities for the Network. This gives our Board shared corporate knowledge, which is so critical in today's environment, opportunities to focus on specific activities, and promote consumer and carer issues and needs.

We have had some very exciting highlights outlined earlier in this Annual Report. We believe it is a first for a consumer and carer organisation to provide an annual award to clinical providers of the care received. We were extremely pleased that the Royal Australian and New Zealand College of Psychiatrists were so committed and happy for us to provide our Annual Award at their College Ceremony which we titled: Best Practice in Consumer and Carer Inclusion. We will continue to provide this award for the next 5 years.

We also detailed the App which was developed to assist self-assessment of the six Partnership Standards within the Practical Guide for Working with Carers of People with a Mental Illness.

We work tirelessly to advocate for the issues and needs of consumers and carers. We have an enthusiastic team which support me. I believe our strengths are that we have clarity of vision, are swift to action, have the ability to provide direct lived experience perspectives of both consumers and carers and have the ability to keep mental health on the political agenda. We also have the opportunity to respond to changes in health and the mental health industry and to achieve change in mental health policy by using the experiences of representatives, our Board and members of our State Advisory Forums. We have a high level of commitment from a supportive Board, strong links with other entities and stakeholders and have currently 1334 'friends'.

I would like to pay tribute and sincerely thank the previous Deputy Chair Mr Patrick Hardwick who retired in April 2019, for his immeasurable commitment to carers and the Network, and welcome our new Deputy Chair Professor Sharon Lawn who has served the Network as Director for SA and is also Treasurer, a position she has held for a number of years. I would like to acknowledge the Network Executive in Mr Norm Wotherspoon and Mr Darren Jiggins and sincerely thank them and all Directors for having the faith in me to drive the Network and to provide me with such strong support. I would also like to thank our staff, particularly Ms Christine Kaine who has been a wonderful support to me and brings a wealth of expertise in many areas. Thank you to our contractors Ms Lyn English and Ms Heather Nowak who delivered a significant project this year looking at the feasibility of the establishment of a national member-based organisation for the peer workforce.



Janne McMahon, OAM



Our Financial Supporters

Australian Government, Department of Health. Funding commitment to 30th June 2019	<p>We are very grateful to the Department of Health for their ongoing funding commitment over a number of years.</p> <p>We value our association with the Commonwealth, and will continue to provide input into policy, inquiries, consumer and carer engagement and gaps as we become aware of them.</p>
The Royal Australian and New Zealand College of Psychiatrists. Funding commitment to 30th June, 2021.	<p>The RANZCP has been a founding financial contributor to the Network activities since July 2004.</p> <p>We are grateful for the venue for all Board meetings provided in Adelaide at no cost to the Network.</p> <p>We are also grateful for the substantial support provided over a number of years.</p>
The Australian Psychological Society. Funding commitment to 30th June, 2019	<p>The APS has been a financial contributor for a number of years. We are grateful for their support.</p>
The Australian Private Hospitals Association. Funding commitment to 30th June, 2019	<p>We enjoy working closely with and value the association with the APHA in bringing consumer and carer experiences and perspectives into the work undertaken by private psychiatric hospitals.</p>
Donors. We thank our individual donors for their financial support	<p>Without ongoing financial support, the Network would be unable to continue our activities.</p>

Report from the Treasurer



Professor Sharon Lawn

As Treasurer, I monitor the financial aspects of the Network together with the Chair/Executive Director.

I would like to acknowledge and thank our financial supporters and donors without which we could not undertake the work that we do.

We have processes in place to ensure transparency of all our financial dealings and our budget is set by the Board at the commencement of each financial cycle. Profit and loss reporting and monitoring of our balance sheet is undertaken regularly, including progress against the annual budget, which are discussed fully and openly at all meetings of the Board.

I am pleased to advise that the Network's progress against our budget indicated through our Profit and Loss Statement for this financial year shows a small underspend of \$3,708. This is pleasing and shows the Network operated the last financial year with probity in terms of our finances.

The Network has been prudent in gaining additional funding via project management and this has provided a good position financially with modest reserves for the organisation.

We have again used the accounting firm HLB Mann Judd Audit SA Pty Ltd for our annual audit.

I refer you to the Auditor's Report and Financial Statements following.

I commend these Reports to you.

A handwritten signature in dark ink, appearing to read 'Sharon Lawn'.

Professor Sharon Lawn



Audited Financial Statements



PRIVATE MENTAL HEALTH CONSUMER CARER NETWORK (AUSTRALIA) LTD

ABN 44 613 210 889

AUDITOR'S INDEPENDENCE DECLARATION

We declare that, to the best of our knowledge and belief, there have been no contraventions of any applicable code of professional conduct in relation to the audit of the financial report of Private Mental Health Consumer Carer Network (Australia) Ltd for the year ended 30 June 2019.

A handwritten signature in blue ink that reads 'HLB Mann Judd'.

HLB Mann Judd Audit (SA) Pty Ltd
Chartered Accountants

A handwritten signature in blue ink that reads 'C. McGowan'.

Corey McGowan
Director

Adelaide, South Australia

27 September 2019

hlb.com.au

HLB Mann Judd Audit (SA) Pty. Ltd. ABN: 32 166 337 097

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HLB Mann Judd Audit (SA) Pty. Ltd. is a member of HLB International, the global advisory and accounting network.

Audited Financial Statements Continued



Independent Auditor's Report to the Members of Private Mental Health Consumer Carer Network (Australia) Ltd

Opinion

We have audited the financial report of Private Mental Health Consumer Carer Network (Australia) Ltd ("the Company"), which comprises the statement of financial position as at 30 June 2019, the statement of profit or loss and other comprehensive income, the statement of changes in equity and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the declaration by those charged with governance.

In our opinion, the accompanying financial report of the Company is in accordance with Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012*, including:

- a) giving a true and fair view of the Company's financial position as at 30 June 2019 and of its financial performance and cash flows for the year then ended; and
- b) complying with Australian Accounting Standards to the extent described in Note 1 and Division 60 of the *Australian Charities and Not-for-profits Commission Regulation 2013*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Company in accordance with the auditor independence requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants* ("the Code") that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We confirm that the independence declaration required by Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012*, which has been given to the Directors, would be in the same terms if given as at the time of this auditor's report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter – Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the financial reporting responsibilities under the *Australian Charities and Not-for-profits Commission Act 2012*. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

Information Other than the Financial Report and Auditor's Report Thereon

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Audited Financial Statements Continued



Directors are responsible for the other information. The other information comprises the information included in the annual report for the year ended 30 June 2019, but does not include the financial report and our auditor's report thereon.

Our opinion on the financial report does not cover the other information and accordingly we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial report, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial report or our knowledge obtained in the audit or otherwise appears to be materially misstated.

If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Responsibilities of Management and the Board of Directors for the Financial Report

Management is responsible for the preparation of the special purpose financial report that gives a true and fair view in accordance with the relevant Australian Accounting Standards in accordance with the *Australian Charities and Not-for Profits Commission Regulations 2013* and the *Australian Charities and Not-for-profits Commission Act 2012* and for such internal control as management determines is necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error.

In preparing the special purpose financial report, management is responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intend to liquidate the Company or to cease operations, or have no realistic alternative but to do so.

Directors are responsible for overseeing the Company's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting

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Audited Financial Statements Continued



- from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company's internal control.
 - Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
 - Conclude on the appropriateness of the management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Company to cease to continue as a going concern.
 - Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the Directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

We also provide the Directors with a statement that we have complied with relevant ethical requirements regarding independence, and to communicate with them all relationships and other matters that may reasonably be thought to bear on our independence, and where applicable, related safeguards.

HLB Mann Judd

HLB Mann Judd Audit (SA) Pty Ltd
Chartered Accountants

Adelaide, South Australia
27 September 2019

C. McGowan

Corey McGowan
Director

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Audited Financial Statements Continued

Private Mental Health Consumer Carer Network Private Mental Health Consumer Carer Network (Australia) Ltd
Statement of profit or loss and other comprehensive income
For the year ended 30 June 2019

	Note	2019 \$	2018 \$
Revenue			
Donations		5,200	5,986
Interest received		-	270
Income		<u>267,074</u>	<u>587,542</u>
		<u>272,274</u>	<u>593,798</u>
Expenses			
Other expenses	3	(186,688)	(328,456)
Employee benefits expense		<u>(193,533)</u>	<u>(155,242)</u>
Surplus/(deficit) for the year		(107,947)	110,100
Other comprehensive income for the year		<u>-</u>	<u>-</u>
Total comprehensive income for the year		<u>(107,947)</u>	<u>110,100</u>
Assets			
Current assets			
Cash and cash equivalents	4	152,976	274,482
Trade and other receivables	5	<u>16,888</u>	<u>4,642</u>
Total current assets		<u>169,864</u>	<u>279,124</u>
Total assets		<u>169,864</u>	<u>279,124</u>
Liabilities			
Current liabilities			
Trade and other payables	6	8,659	14,299
Revenue received in advance	7	<u>76,327</u>	<u>72,000</u>
Total current liabilities		<u>84,986</u>	<u>86,299</u>
Total liabilities		<u>84,986</u>	<u>86,299</u>
Net assets		<u>84,878</u>	<u>192,825</u>
Equity			
Retained surpluses		<u>84,878</u>	<u>192,825</u>
Total equity		<u>84,878</u>	<u>192,825</u>

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Become a 'friend of the Network'

Become a member and stay up to date with the latest news from the Network

Go to our website www.pmhccn.com.au/JoinNow

Make a donation

Go to our website www.pmhccn.com.au [Make a Donation](#)

Become a corporate financial contributor

For more information about becoming a corporate financial contributor to the Network, contact Janne McMahon, Executive Director via admin@pmhccn.com.au



